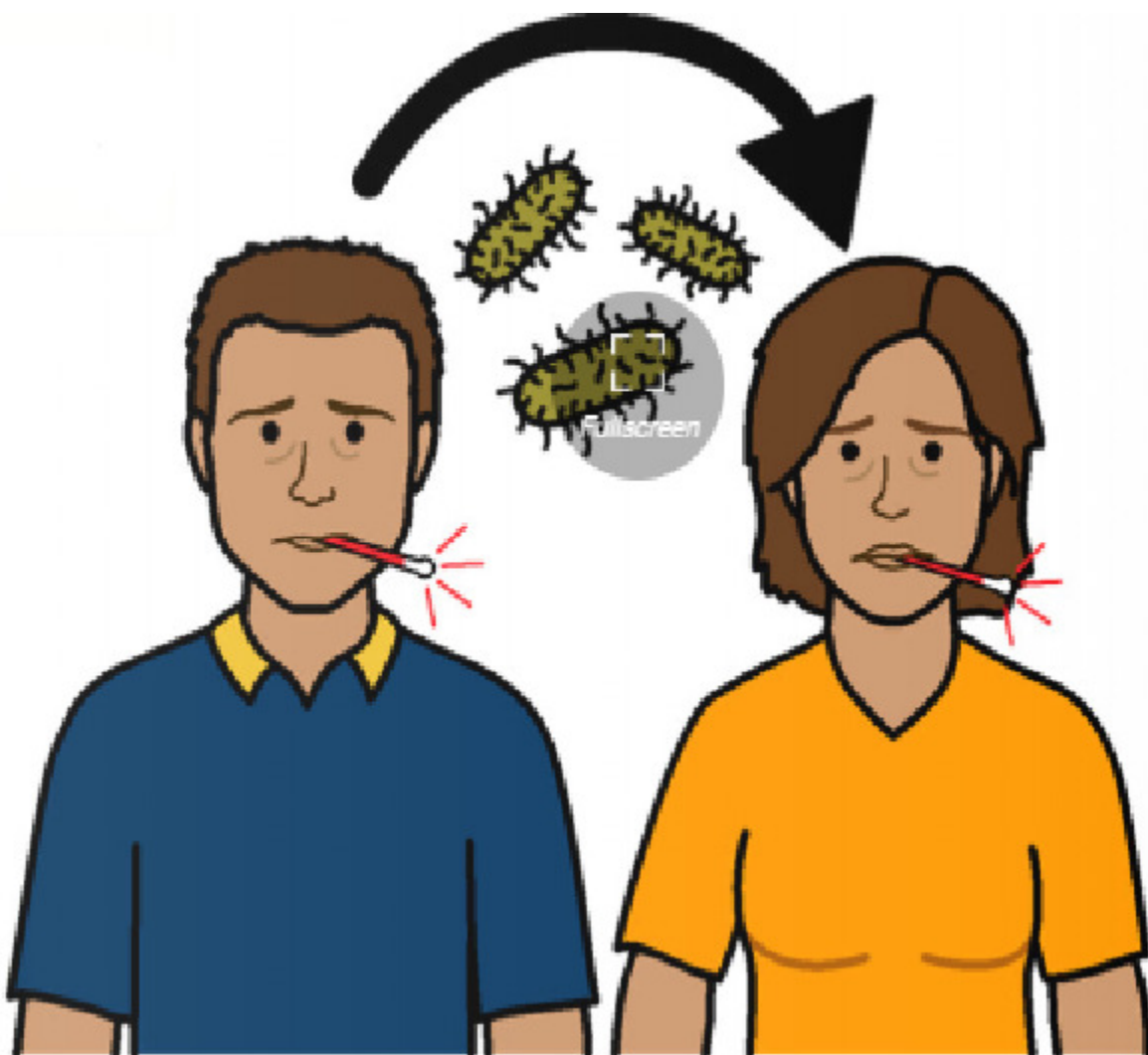
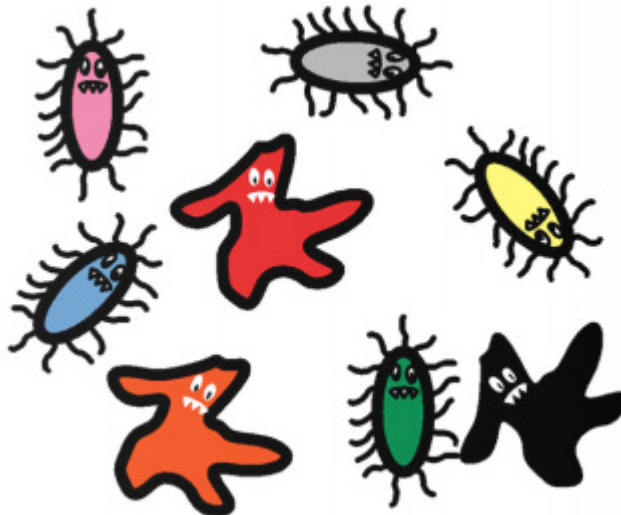


Staying Safe with the Coronavirus



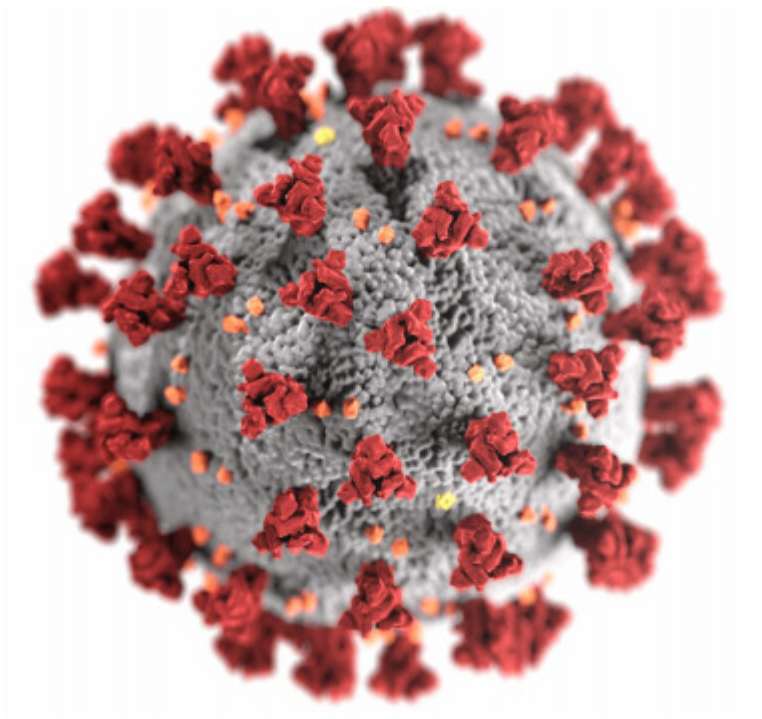


Sometimes people will get sick.

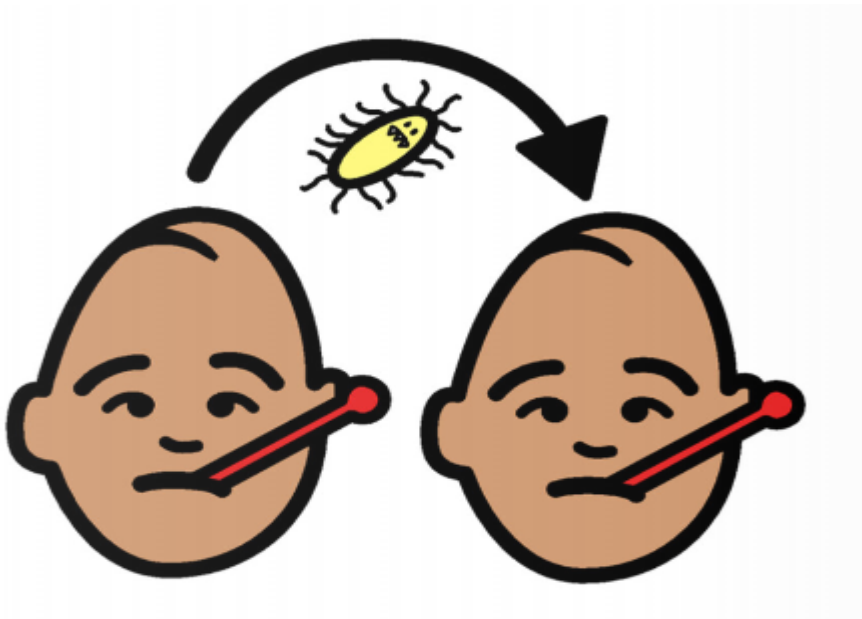


When someone gets sick is it because of germs.

Germs are tiny things that live all around us.



There is a new sickness called Coronavirus.



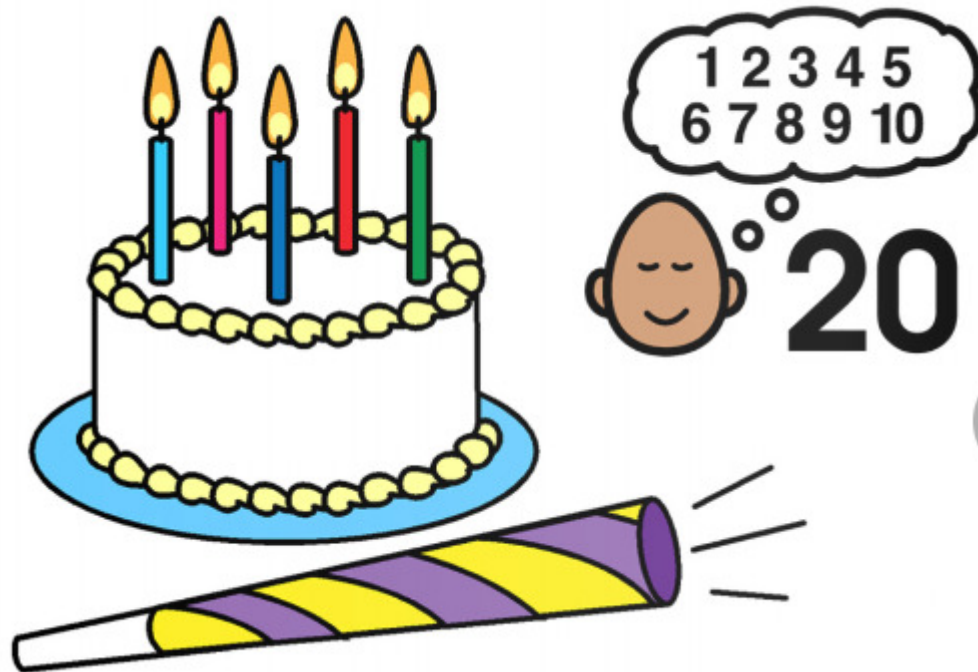
The Coronavirus germs spread very easily.



If the bad germ sticks on me, I can get sick.



I need to wash my hands a lot, so that I can stay healthy.



When I wash my hands I can sing “Happy Birthday” or count to 20.



This will make sure my hands are clean and I stay healthy.



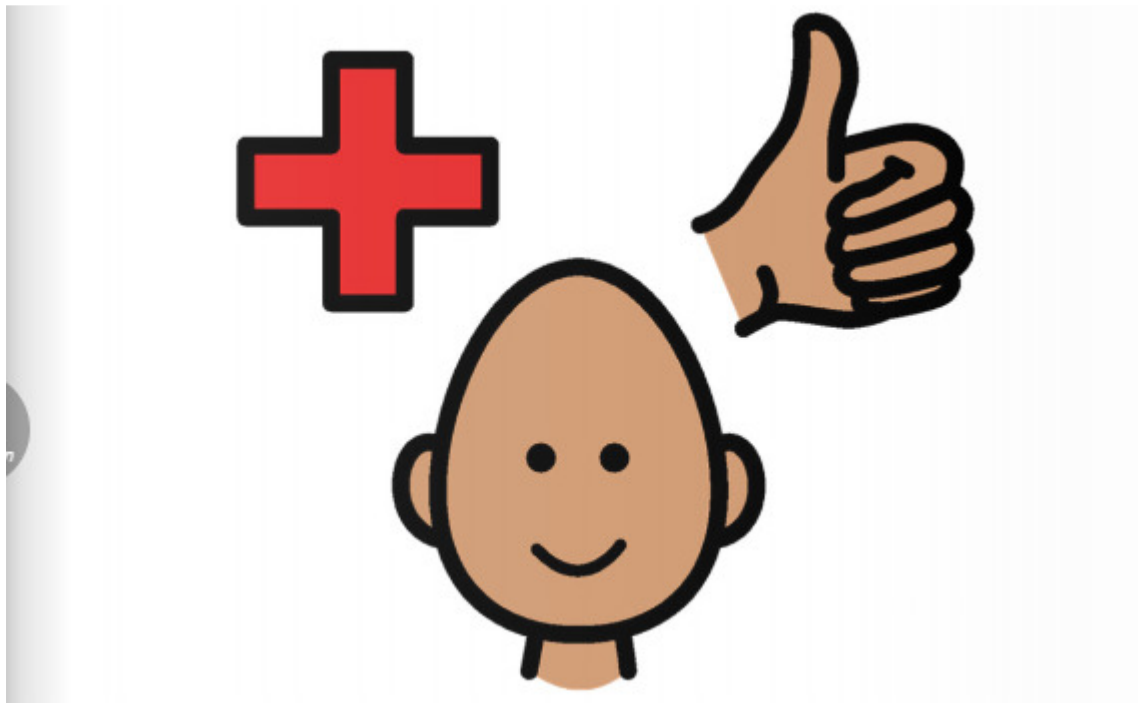
Many places are closed, to help keep everyone safe from germs and help stay healthy. Swimming Pools, Gyms, Restaurants and Day programs are all closed.



The workers at these places are busy cleaning everything to help get rid of the germs so it will be safe to return to when they open again.



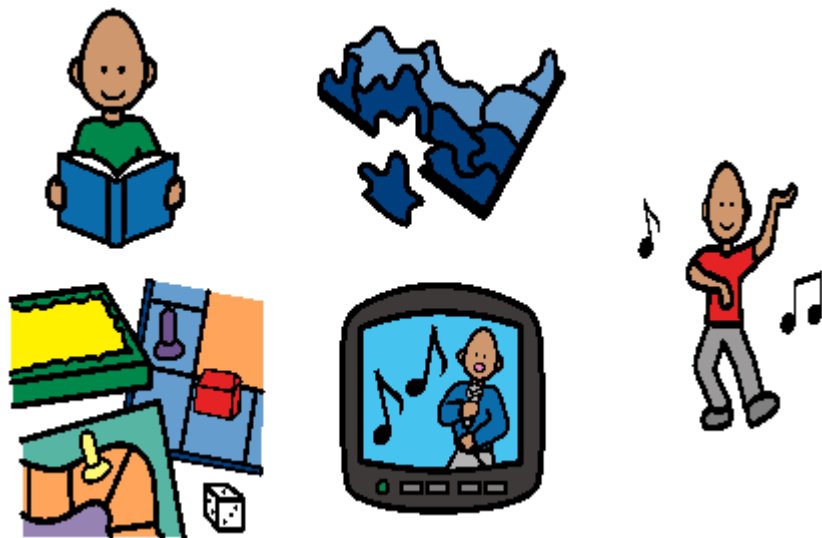
While they are cleaning, I can stay home.



I will stay safe and healthy at home.

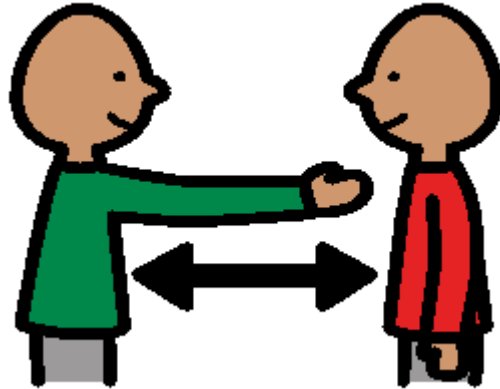


I can do fun things at home and keep myself busy.



I can read or look at books, watch my favourite shows, play games, do a puzzle or have a dance party.

If I do need to leave the house, I need to follow the rules.



Remember personal space around strangers. My support workers are there to help me, I can still hold their arm when we are outside.



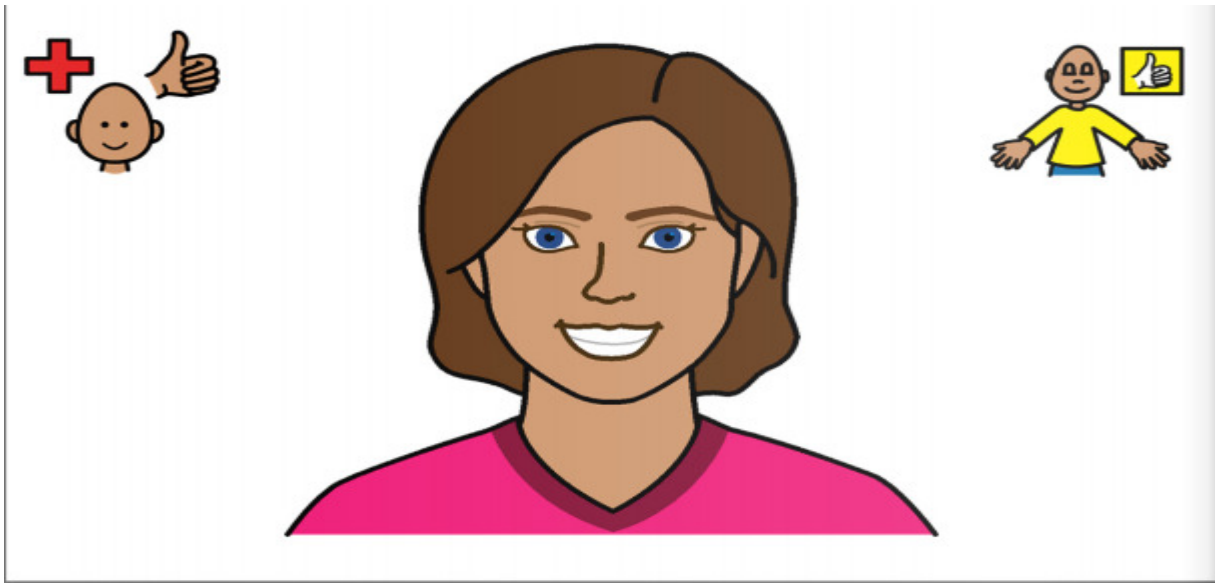
It is very important to remember to cough or sneeze into my elbow, throw my tissues in the garbage and to wash my hands.



The government, the doctors and nurses are all working hard to make everything better for us.

They will tell us when it will be safe to return to our day programs and are favourite activities.

Right now, they want us to stay healthy.



Everyone will be proud of me for staying healthy, staying safe and staying happy and calm.